


SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

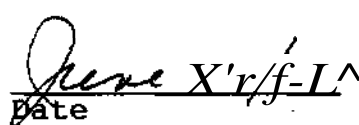
COURSE OUTLINE

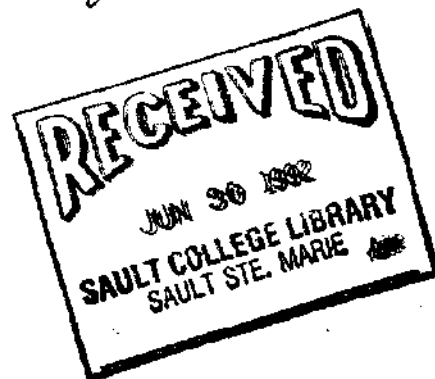
COURSE TITLE: NURSING PRACTICE THEORY
CODE NO NUR 106 SEMESTER: ONE
PROGRAM: NURSING
AUTHOR: LINDA TOZER-JOHNSTON
DATE SEPTEMBER, 1992 PREVIOUS OUTLINE DATED: SEPT/91

New: Revision

APPROVED:


Chairperson


Date



NURSING PRACTICE THEORY

NUR 106

COURSE NAME

COURSE NUMBER

TOTAL CREDIT HOURS: 8 0

PREREQUISITES: none

I, PHILOSOPHY/GOALS;

The purpose of this course is to prepare the student to use the nursing process in assisting the client to maintain and promote adaptation. Nursing is viewed within the context of the adaptation conceptual framework. This involves detailed examination of the steps in the nursing process, assessment, planning, intervention and evaluation. Emphasis is given to the theory and skills necessary for effective communication in promoting adaptation. The cognitive, affective and psychomotor domains of learning are involved throughout.

II. STUDENT PERFORMANCE OBJECTIVES:

Upon successful completion of this course, the student will:

1. Explain the relationship between adaptation and nursing practice in assisting clients who require support to maintain and promote adaptation.
2. Demonstrate the use of the nursing process for individuals who require support to maintain and promote adaptation.
3. Apply theory concepts and principles of interpersonal relationships in the nursing process.
4. Determine the relevance of values to nursing practice.
5. Comply with professional expectations regarding accountability.
6. Recognize the need for the nurse to be a continuous learner.
7. Recognize the impact of the structure and function of the health care system on current practice situations.
8. Apply knowledge of medical terminology in classroom and clinical practice.

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III. TOPICS TO BE COVERED;

SEMESTER 1:

HOURS

ORIENTATION

UNIT 1: INTRODUCTION TO ADAPTATION, HEALTH & THE
NURSING PROCESS

22

UNIT 2 ACTIVITY AND REST

18

UNIT 3 COMMUNICATIONS

11

UNIT 4 TEMPERATURE

2

UNIT 5 PROTECTION

5

UNIT 6 SENSORY

9

UNIT 7 DRUGS

4

UNIT 8 MEDICAL TERMINOLOGY

SELF STUDY

FIVE TERM TESTS

5

TOTAL

79

IV. LEARNING ACTIVITIES

REQUIRED RESOURCES

Details of learning activities and required resources are outlined in the individual unit objectives for NUR 106.

V. EVALUATION METHODS: {INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.}

Grading methods and supplemental examinations for Semester 1 beginning September 4, 1990.

| | | |
|---------------------------|----|-----------|
| 1. <u>Grading:</u> | A+ | 90 - 100% |
| | A | 80 - 89% |
| | B | 70 - 79% |
| | R | Below 70% |

2. Mark Allocation for Semester I:

| | | |
|-----------|-------------|-----------|
| Term Work | Unit Test | 250 marks |
| | Final Exams | 150 marks |
| | | 400 marks |

Final Mark = Your mark out of a possible 400

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Tentative Test/Assignment Schedule

| Test | Date | Units | Marks |
|-------------------|----------------------------|--|-----------|
| Test #1 | Sept. 23 (Weeks 2,3) | Adaptation Nursing Process | 30 |
| Test #2 | Oct. 7 (Weeks 4,5) | Nursing Process Health Adaptation | 40 |
| | | Health Project Assignment | 10 |
| Test #3 | Oct 28 (Weeks 6,7,8) | Nursing Process Activity- Protection Health Drugs Medical Terminology | 55 |
| Test #4 | Nov. 18 (Weeks 9,10,11) | Activity & Rest Medical Terminology ADL and Skin Integrity | 55 |
| Test #5 | Dec. 9 (Weeks 12,13,14) | Temperature Communications Sensory Drugs Medical Terminology | 60 |
| Final Exam | Dec. 22 (Weeks 15,16) | Sensory Communications Drugs Medical Terminology | 150 |
| | Plus | Comprehensive | 400 Total |

Absence³ From Tests:

If a student is unable to write a test, he/she must notify the teacher one hour before the test. For tests written at 0830, he/she must telephone before 0900 hours. If a student fails to telephone the teacher, he/she will receive a mark of zero for that test.

Students who miss scheduled tests during the semester will not be allowed to write on another day. They will be allowed to take up the test with the other students.

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V. EVALUATION METHODS CONTINUED - . . .

If the teacher has been notified of your absence for the test according to policy, the value of the final exam mark will be adjusted. The weight of the final exam will be increased to incorporate the marks assigned to the test missed.

Example:

- 1) student is sick and notifies teacher before test #2 (worth 40 marks)
- 2) student does not write test # 2 on another day
- 3) this student's final exam mark will not be adjusted to be worth 190 marks - 150 + 40 (test 2)
- 4) if the student had an average of 77% on the final exam (115 correct out of 150), the marks for the final exam would now be 77% of 190 = 146.

Attendance;

Excellent attendance will be taken into consideration for borderline marks.

5. Supplemental Examinations;

A supplemental examination may be offered in this course at the discretion of the teacher and the Dean, subject to the following criteria:

- i) A student must write at least 3 out of 5 term tests,
- ii) A student must have achieved a passing grade (70%) on at least 2 term tests and 60% on the final examination.
- iii) The entire semester's course material will be tested,
- iv) The multiple choice format will not necessarily be used in the supplemental examination.
- v) The final grade for the semester will be based solely on the supplemental examination ie. the term mark will not be averaged in with this examination mark. The grade achieved will not be higher than a B.
- vi) A student may not attempt the supplemental examination more than once.

VI. REQUIRED STUDENT RESOURCES:

BIO 101 & BIO 121

Hurtubise, M. Biology 101-5 Workbook, revised June, 1989

Hurtubise, M. Biology 121-5 Workbook^ revised June, 1989

Marieb, Elaine, N. The A & P Colouring Workbook, A Completes NEW Study Guide, 3rd edition, The Benjamin/Cummings Publishing Company, Inc., Don Mills, Ontario, 1991 (Optional but recommended)

Thibodeau, Gary A. Anatomy and Physiology, Times Mirror/Mosby College Publishing, Toronto, 1987.

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VI. REQUIRED STUDENT RESOURCES (continued):

NUR 106 & NUR 114

Andrews, H.A. and Roy, Sister C. The Roy Adaptation Model, A Definitive Statement, Appleton Century-Crofts, Norwalk, Connecticut, 1991.

Bobak, I. and Jensen, M. Essentials of Maternity Nursing, 3rd edition, C.V. Mosby Co., Toronto, 1990.

Cameron, M.C., Decou, M.L. Health Workbook, May-June, 1987, (revised 1992).

Cameron, M.C., Decou, M.L. Regulation of Temperature Workbook, May-June, 1987, (revised 1992).

Cameron, M.C., Decou, M.L., Hobbs, V., Lewis, E., Price, M. and Warnock, B. Roy's Adaptation Model and the Nursing Process Workbook, May-June, 1986, (revised 1992).

College of Nurses Publications, Toronto:

- Standards of Nursing Practice for Registered Nurses and Registered Nursing Assistants, (March 1990).
- Nursing Documentation (March 1991).
- Medication Administration Guidelines for RNs and RNAs, (April 1991)

Ford, Regina. Diagnostic Tests Handbook, newest edition, Springhouse Book Company, Springhouse, Pennsylvania, 1987

Gettrust, K.V., Ryan, S.C. and Engelman, D.S. Applied Nursing Diagnosis, Guides for Comprehensive Care Planning, Delmare Publishing Company, Nielson Canada, Toronto, 1985.

Kozier, B. and Erb, G.L. Fundamentals of Nursing - Concepts and Procedures, 4th edition, Addison-Wesley Publications, Kenlo Park, California, 1991.

Kozier, B. and Erb, G.L. Techniques in Clinical Nursing, 3rd edition, Addison-Wesley Publications, Menlo Park, California, 1989.

Marks, Marion. Activities of Daily Living and Skin Integrity Workbook, 1990

Marks, Marion. Drug Administration Workbook, 1990

Marks, Marion. Protection Workbook, 1990

McKendry, L.M. and Salerno, E., Mosby's Pharmacology in Nursing, 18th Ed., C.V. Mosby Co., Toronto, 1992.

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VI, REQUIRED STUDENT RESOURCES (continued):NUR 106 & NUR 114

Miller & Keane. Encyclopedia and Dictionary of Medicine, Nursing and Allied Health, 4th edition, W.B. Saunders Co. (economy version).

Poleman, C. and Peckenpaugh, N., Nutrition, Essentials and Diet Therapy, 6th Ed., W.B. Saunders Co., Toronto, 1991.
(primarily for second semester)

Skidmore-Roth, L. Mosby's 1992 Nursing Drug Reference, C.V. Mosby Company, Toronto, 1991 (to be purchased at the beginning of Semester 2)

Smith, G. and Davis, P. Medical Terminology - A Programmed Text, 6th edition, John Wiley & Sons, Inc., Toronto, 1991.

Travis, J. & Ryan R., The Wellness Workbook, Ten Speed Press, Berkely, California, 1988. (newest edition)

Varcarolis, E. Foundations of Psychiatric Mental Health Nursing, W.B. Saunders Company, Toronto, 1990.

Whaley, L.F. and Wong, D.L. Essentials of Pediatric Nursing, 3rd edition, C.V. Mosby Co., Toronto, 1989.

NUR 109

Duff, D.L. & Aylward, J.M. A Metric Guide for Health Professionals on Dosages & Solutions, W.B. Saunders Company, Toronto, 1988
(ISBN0-7216-1453-1)

NUR 100 & NUR 121

Kozier, B. & Erb, G.L. Fundamentals of Nursing - Concepts and Procedures, 4th edition, Addison-Wesley Publications, Menlo Park, California, 1991

In addition, students will have to purchase a Psychology text and a Sociology text.